

## How to choose a bed

When you walk into a bedroom, what is the first thing you look at? The bed, of course. After all that's what the room is named after, so it makes sense it's the center of attention. That means when you are purchasing a bed for a bedroom in your home, you need to keep in mind it's going to be the focal point, the piece the rest of the room is built off of.

First, decide what style bed you want in your room. If you already have a décor style in mind, you may have already narrowed down your options. You don't want a modern bed in a rustic bedroom and visa versa. But if you have not set a décor style, your bed can be the starting piece. Shop around and see what's out there. Your bed should be a place that you look forward to going to at the end of the day to relax, feel the stress drain away, and go to sleep so you can recharge for the next day.

If you like the idea of a romantic get away, you may want to look have a four-poster canopy bed as your centerpiece. Going for a country theme? A wrought iron bed frame may fit the bill. Or maybe you want a waterbed, or a sleep number bed. These are more specific beds that have limited frame options.

Next, you need to know what size bed is appropriate for the bedroom you are going to put it in. While you may want to have a king size bed that doesn't mean you have the space for it. You want to have the most comfortable sleeping area you can. If you have a partner, you may want to have a little extra space if one of you are a rough sleeper, but you need to make sure it does not overwhelm the bedroom. You should measure your bedroom before ever considering what size bed to have. Make sure that you account for the space you need to be able to move around the bed, into and out of the closet, into and out of the room, and don't forget the bathroom door, if you have a bathroom built off the bedroom.

Quality is important in a bed. While you may change out mattresses over the years, unless your décor style changes, your bed frame will be with you for some time, and is a piece of furniture you want to make sure will still be around. It's worth the extra expenditure up front to make sure it has the quality and durability to be with you years down the road.